Deaconess Hospital

Pulse

New England Deaconess Hospital
185 Pilgrim Road
Boston, Massachusetts 02215

January 1989

Monthly *Pulse* will bring more timely news, features

Starting with this issue *Pulse* will appear monthly, in a more compact format. *Minipulse*, the monthly update of short news items, no longer will be published on a regular basis. *Minipulse* will be reserved for occasional use when it is necessary to communicate important information in between *Pulse* issues.

"There are several reasons why *Pulse* is changing," says Susan McGreevey, senior public relations associate and editor of the publication. "The new size and format are in accord with the hospital's corporate identity program. The size is more standard and will be easier to put together both for our staff and the printer.

"By printing monthly, we'll be able to be a bit more timely with *Pulse* stories," she says. "Items that don't make it into one issue may be used a month later, instead of two months. New, computer-assisted methods of setting type and laying out publications shorten production time and reduce costs, which allow us to make this change."

The new version of *Pulse* will include the same sort of articles employees have seen in the past—news of hospital programs and services, departmental features, and employee activities. Brief, *Minipulse*-type items will appear in a new section called "Pulsebeats" (see page 6). Other sections such as "News in brief," "NEDH in the news," and "We get letters" will continue to appear.

"Over the past few years, *Pulse* has been evolving," McGreevey says. "When we began publishing the hospital's external magazine *Directions* in 1986, we increased *Pulse's* orientation toward employees. This further change will allow even greater emphasis on news for and about employees."

Suggestions for *Pulse* coverage always are welcome. "We can't use every idea that is sent in," McGreevey says, "but employees should feel free to pass along their thoughts. It also helps if we know about events and activities in advance."

Under the new *Pulse* publication schedule, deadlines for submitting material to Public Relations are more important than ever. Deadlines for upcoming editions appear in each issue.

Questions about the new *Pulse*, story ideas, and submissions for "Pulsebeats" and "News in brief" should be directed to Public Relations, Harris Hall 2, 2-8046.

Goldman named chairman of Pathology

Harvey Goldman, M.D., who has been a pathologist at Beth Israel Hospital for the past 30 years, has been appointed chairman of Pathology at the Deaconess. He succeeds Merle A. Legg, M.D., who retired last fall.

"Coming to the Deaconess Department of Pathology is an exciting challenge for me," says Goldman. "I hope to be instrumental in the continued modernization of the department and enhancing its academic component."

Goldman came to the Longwood Medical Area in 1958 as a pathology resident at Beth Israel Hospital. Since that time, he has served as a senior pathologist at Beth Israel and professor at Harvard Medical School. He holds undergraduate and medical degrees from Temple University in Philadelphia.

His major area of interest is gastrointestinal pathology, particularly the clinical problems of patients with chronic inflammatory diseases involving the esophagus, stomach, and intestine. According to Goldman, some of these conditions have been linked with a higher likelihood of cancer. "I hope my interest in cancer will be a real plus for the Deaconess," he says.

Goldman plans to continue his research work while at the Deaconess and looks forward to working with gastroenterologists in the Department of Medicine, as well as with members of the Department of Surgery and other departments.

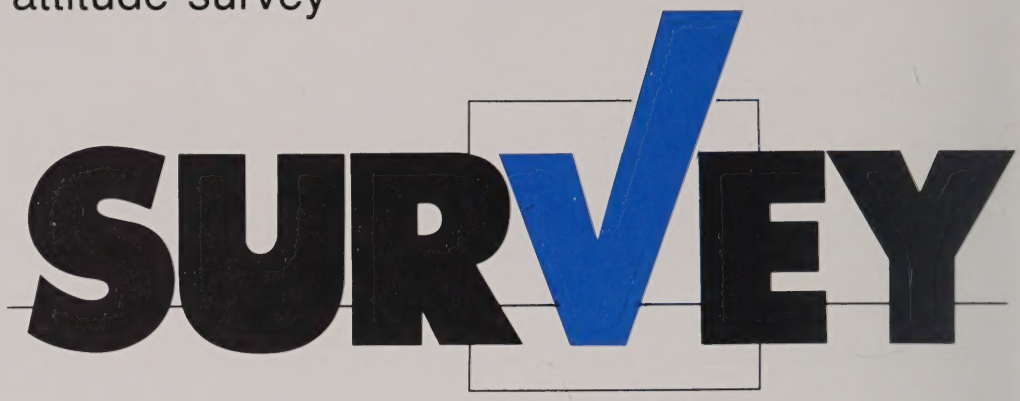
Harvey Goldman, M.D.

"I'm also looking forward to taking on responsibility for a department with such a prestigious history," says Goldman. "It's an honor knowing my name will be in the company of such illustrious people as Shields Warren, William Meissner, and Merle Legg."

Earlier this year, Goldman was appointed faculty dean for medical education at Harvard Medical School. In this newly created, part-time position,

(continued on page 2)

Employees express ideas, concerns in employee attitude survey



During the week of November 14-20, more than 1,000 Deaconess employees took the employee attitude survey, coordinated by the Human Resources Department. A followup to a survey administered in November 1986, the multiple-choice questionnaire allowed employees a chance to articulate their concerns and ideas about their work environment and the Deaconess in general.

"People seemed eager to express thoughts about their jobs and the workplace," says Jim Collins, employee relations manager. "They spent a lot of time replying to questions and gave extensive answers when provided the opportunity."

The completed questionnaires were sent to Management Science Associates in Missouri, where they will be processed, analyzed, and compared to industry norms. Results are due early in 1989, at which time a representative from the firm will meet with members of the management team to explain the resulting data. Employees will learn about the outcome from their department heads.

"We hope to get specific responses on all employment issues, and to detect trends with regard to benefits, work conditions, and other related topics," Collins says. "Once the results are in, we can start examining ways to improve relations and to meet the needs of our employees."

MacLure reviews year's results at medical staff annual meeting

"We have come a long way in the past year, yet many challenges remain to be faced," said Laurens MacLure, hospital president, to the October annual meeting of the hospital's clinical staff. "We have returned to profitability; and we are building a better Deaconess for you and your patients."

MacLure's presentation reviewed the progress made in 1988 to turn around the financial problems experienced in 1987. He noted the outstanding drop in length of stay, increase in discharges, and reduction in expenses. MacLure also outlined goals for the coming year, including a continued increase in case mix intensity, further reductions in length of stay, and more admissions in such areas as cardiology, vascular surgery, general surgery, internal medicine, plastic surgery, gynecology, and surgical oncology.

"We could not have accomplished these results, and we won't be able to achieve what we are attempting for the current year, without your support," he said. "I can't thank you enough for your help."

Douglas Horst, M.D., outgoing president of the staff, also thanked the physicians for their efforts on behalf of the hospital. "I have talked with many of you over the past few years, and tried to take your thoughts and concerns to management and the trustees. There are many issues still to be faced, but overall I sense a real commitment on our part to provide the best clinical care at the Deaconess. I encourage you to speak up and make your concerns known to management. This is an era that is critical to the hospital's future."

Also at the meeting, Anthony Monaco, M.D., was elected president of the staff and A.W. Karchmer, M.D., vice president, for the coming year. Twenty-five year service pins were presented to Eugene Clerkin, M.D.; William V. McDermott Jr., M.D.; and Rob Roy MacGregor, D.P.M. A moment of silence was observed in honor of deceased staff members George H.A. Clowes, M.D.; Charles Naggar, M.D.; and Samuel Stein, M.D.

Pulse deadlines

Deadlines for *Pulse* submissions for coming issues are as follows:

February issue — **January 9**

March issue — **February 6**

Please send all submissions to Public Relations, Harris Hall 2, or call 2-8046.

Goldman *(continued from page 1)*

he is responsible for all educational aspects of the training of future medical doctors. Included among these responsibilities are course of study, the Educational Programs office, information technology, program development, and course evaluation.

In addition to his academic and hospital appointments, he belongs to several professional societies such as the American Association of Pathologists and the American Gastroenterological Association. This past spring, Goldman was appointed education committee chairman of the U.S.-Canadian Academy of Pathology, a group of more than 3,000 pathologists in academic centers from the United States and Canada and the largest of 50 such organizations within the International Academy of Pathology.

New patient units will improve care

Several changes in patient units are scheduled to take place in the next few months. They include the opening of an intermediate care unit for vascular patients on Farr 9; the reopening of Palmer 5 under a new approach to nurse management called "shared governance"; and the opening of a same-day surgery unit on Farr 5.

"These changes are a result of our desire to provide better continuity of care for Deaconess patients and to provide the nursing staff with the opportunity to learn new skills and play a greater role in decision making," says Judith Miller, R.N., senior vice president for Nursing.

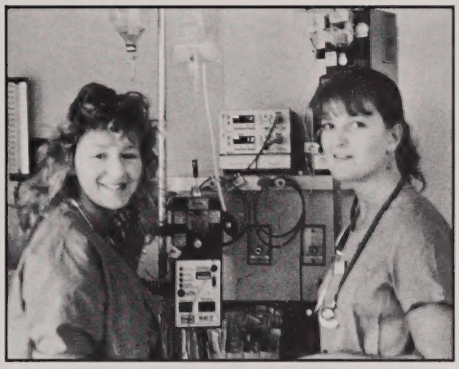
Intermediate care unit

The intermediate care unit, scheduled to open in early January, is designed specifically for vascular surgery patients that require a higher level of care. Patients will go from surgery to the post-anesthesia care unit to Farr 9, rather than going to the Farr 8 step-down unit. "The rationale behind this new unit is that Farr 9 is a vascular unit; the same nurses will care for the patients pre-operatively and post-operatively, and there will be greater continuity of care," says Linda Denekamp, R.N., Farr 9 nurse manager.

"The idea came from the Farr 9 staff nurses, who made an impressive case by pointing out the benefits of this type of unit," says Marge Wiggins, R.N., director of Med/Surg Nursing. These benefits include reducing overall length of stay, increasing continuity of care, decreasing costly time spent in the post-anesthesia care unit, and providing an opportunity for the staff to learn new critical care skills. "I believe we are the only hospital in Boston to have such a specialized area for vascular patients, and we owe a great deal to the staff nurses who helped make this concept a reality," says Wiggins.

Palmer 5 to test shared governance

When Palmer 5 reopens, the nursing staff will take a more active role in how the med/surg unit is run through a concept called shared governance. "Shared governance empowers nurses with the authority and accountability for their nursing practice while managing patient care," says Miller. The philosophy behind the concept is that no one is more qualified than the clinician to make decisions about how he or she practices.



To prepare for the opening of the intermediate care unit, Heidi Black, R.N., (left) and other Farr 9 staff nurses learned critical care skills from stepdown unit nurses like Marylou Beatson, R.N.

"This is a pilot study, and the nurses will be given a lot of flexibility regarding how they will be organized and how they will run the unit," says Wiggins. "They can make decisions about scheduling and shifts, care planning, and even budgeting." A steering committee has been formed to set the boundaries and expectations for the new unit, which is scheduled to open in mid-February.

Same-day surgery

"The creation of two separate units—day care and same-day surgery—is a more efficient use of space as well as nursing expertise," says Diane Gulczynski, R.N., director of Surgical Services. Same-day surgery, which will open in January, is very outpatient oriented. "In this unit, patients are treated as 'healthy or well,'" says Jayne Sheehan, R.N., nurse manager of the new unit." There are five recliners—not beds—to facilitiate a quick recuperative period. And family members are provided with 'beepers' so that they can be notified when patients are ready to go home." Patients are admitted for diagnostic or minor surgical procedures in areas such as gynecology, genitourinary, ophthalmology, and podiatry. Again, continuity of care is a major benefit to patients. "The same nurses do all the pre-op and post-op teaching, as well as carry out post-op care," says Sheehan.

The movement of all same-day surgery activities to Farr 5 will enable the day care area to expand, especially in the areas of cardiac catheterizations and GI testing.

In the new same-day surgery unit, Beth Zappelli, R.N., staff nurse, checks the operation of suction equipment. The unit's reclining chairs will help patients recover quickly from the minor procedures to be done in the unit.

Farr elevator renovation on target

Waiting a bit longer for a Farr elevator these days? Although the wait may seem long, the payoff will be a smoother, quieter, and quicker ride. "The project is moving along on target," says Dennis Monty, manager of projects/design, Maintenance and Engineering. "Completion of the first elevator, which was started in October, is expected by early February." In the next several weeks, new doors will be installed on all Farr floors serviced by the newly refurbished elevator.

Each elevator renovation takes 17 weeks to complete, so the end date of the project is February 1990. Employees are asked for their continued cooperation by taking the stairs whenever possible.

Test your knowledge of elevator trivia

Question: Where and when was the first passenger elevator put into service? (correct answer found on page 6).

a) Boston City Hospital, 1836
b) Empire State Building in New York, 1850
c) Haughwout Department Store in New York, 1857

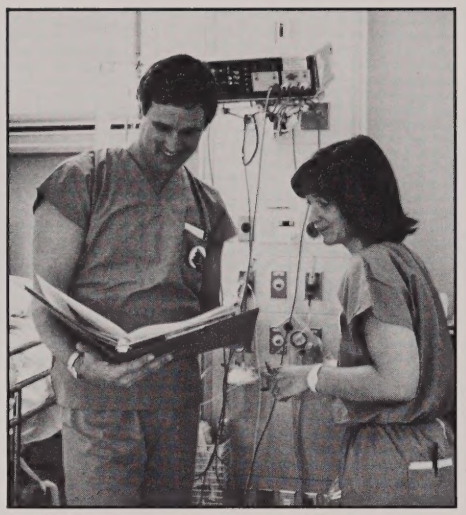
Deaconess nurses keep up the PACE

For a few days at the beginning of December, some new faces were seen on patient floors—new to the clinical setting, that is, but not to the Deaconess. During the week of December 5, members of the Deaconess management team donned scrubs and sneakers and followed nurses through their daily routines as part of the PACE (People Appreciating Clinical Excellence) program. PACE is designed to provide the nursing staff with an opportunity to show administrators and chiefs of staff what nurses do. Consequently, the program allows members of management to gain a better appreciation for the nurses' integral role as members of the Deaconess health care team.

Coordinated by Suzanne Holloran, R.N., director of Nursing/Psychiatric Services and Staff Development, the PACE program paired nurses with administrators and department chairmen for two- to four-hour periods. Instrumental in planning the program were members of the Nurse Recognition Week committee, including Carol Baer, R.N., Ellen Cerasuolo, R.N., Marion Longo, R.N., and Rosemary Westra, R.N. The first 24 participants in what many hope will become an annual event represented a variety of departments and areas of expertise.

At a reception following the completion of the program, participants shared their thoughts and experiences. Although the experiences varied greatly, all acknowledged a greater appreciation for the importance and the challenges of nursing at the Deaconess.

"One of the things that most impressed me was the teamwork," said David Lilley, senior vice president of Operations, who worked with Barbara Coyne, R.N. in ICU-B. Lilley observed as 12 health care professionals gathered at the bedside of an acutely ill patient to consult, collaborate, and eventually solve a critical problem. "I realized how important it is that we all work together."



Curtis Smith, senior vice president of Operations, saw the impact administrative decisions have on patient care while accompanying Sarah McDermott, R.N., MICU staff nurse, during the PACE program.

This interdependence—of workers as well as departments within the hospital—is a theme that many picked up on through their PACE experiences. After spending time with Joanne Harris, R.N., on Farr 11, Richard Lee, executive vice president, said that PACE helped him to "better understand how the work of administrators affects the nurses' ability to care for patients more efficiently."

Curtis Smith, senior vice president of Operations, recognized the "importance of the nurse as the conduit between the patient and his or her doctor, family, and others," as he observed Sarah McDermott, R.N., caring for a critically ill patient on MICU. Smith and the other participants were impressed by the nurses' professionalism and ability to manage complex patient situations.

The fast "PACE" of the nurses' duties surprised and, in some cases, overwhelmed administrators. Marti Hopkins, R.N., Farr 7, who was paired with Dean Manheimer, vice president of Human Resources said, "I thought it was a routine day, but Dean thought it was really busy."

In addition, several members of the management staff were fascinated by the variety of the nurses' duties. "I could never be a nurse because

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PACE
People Appreciating Clinical Excellence
NEDH 1988

NEDH in the news

Deaconess people in the news in the past few months include the following:

- **Herbert Benson, M.D.,** chief of behavioral medicine, was featured in a *Newsweek* cover story on the mind/body connection.
- **George Blackburn, M.D.,** director of the center for nutritional research, discussed the Optifast diet program on WBZ-TV's "Live on 4" news program and the evening news on WCVB-TV.
- **Paul Busse, M.D.,** chief of Radiation Therapy, discussed radiation therapy for the treatment of breast cancer on WCVB-TV's "Chronicle."
- **Geoffrey Habershaw, D.P.M.,** chief of podiatry, was quoted in the Boston Globe Magazine's "Health" column regarding foot problems caused by women's footwear.
- **Arnold Miller, M.D.,** vascular surgeon, discussed angioscopy, a new diagnostic procedure, during the evening news on WNEV-TV.
- **Richard Nesto, M.D.,** cardiologist, appeared on a WBZ-TV evening newscast regarding the use of angioplasty after clot-dissolving agents have been administered to heart attack patients.
- **Leo Stolbach, M.D.,** oncologist, was a live guest on WNEV-TV's "Boston Common" to discuss the mind/body group for cancer patients with a former group participant.

WE GET LETTERS

To: Director of Nursing:

I am writing to you concerning a very special group of nurses on Farr 6, ICU-A. My husband, Frank E. Gainer Jr., was on that ward for six and a half weeks. He had two liver transplants from which he never recovered. He passed away on the 29th of September.

What could have been a very devastating experience is one full of special memories. This is due in large part to the nurses that my family and I came into daily contact with. They took such very good care of my husband. They paid attention to the small details (shaving him, combing his hair). These were such important things for my husband when he was well. Even though they were always so busy, they explained everything they were doing to him (even though he was semi-conscious).

What really impressed me was that all the nurses took time to answer my and my children's questions. They never acted hurried with us. They always took the time to support us during some very troubling times. They genuinely cared. You cannot even begin to realize how important this was to someone living four hours away from her home and seeing her husband in such a condition.

Please extend my heartfelt thanks to all the nurses on ICU- A. They are a very special group of professionals. You should feel privileged and honored that they are working for you.

Sincerely,
Jean M. Gainer
Gansevoort, New York

PACE *(continued from page 4)*

I can't juggle five things at one time," said Lee, who praised the nurses for their ability to handle several responsibilities at once.

"I wish I could have spent more time with the patients," said Judith Miller, R.N., senior vice president of Nursing, who was able to participate more directly with patients because of her nursing education. She worked with Ellen Cerasuolo, R.N., I.V. therapy, who said that the PACE experience "helped me appreciate the time I am able to spend with patients."

Administrators and nurses alike concluded that the PACE program was an effort that should be repeated. "I am very pleased with the outcome," says Westra. "We hope to continue the program on an annual basis."

"I came away with a real feeling of pride in the institution," says Lilley, confirming the success of the PACE program.

Service awards

Congratulations to the following employees who celebrate their service anniversaries in January:

25 years

Alice Caputo, Nursing
Baiba Ozols, Pathology

20 years

Paul Sears, Diagnostic Radiology
Margaret Sepples, R.N., Nursing
Velma Sheffeld, Nursing
Isabell Wideman, Nursing

15 years

Richard Hatch, Engineering and Maintenance
Diane Klinec, Ambulant Dialysis
Gail McArdle, R.N., Nursing
Mary Messina, Dietary

10 years

Barbara Ainsley, Nutrition Support Service
Robert Arney, Nursing
Elaine Dimitriadis, Accounts Payable
Carleen Duffy, R.N., Nursing
John Goss, Pathology
Joan Liljander, Anaesthesia
Santa Sgro, Building Services
Hattie Sharpe, Nursing
Dina Sousa, R.N., Nursing

5 years

Pamela Doty, Pathology
Iris Godfrey, Nursing
Susan Skeete, Diagnostic Radiology
Ilene Stineman, Social Work

(This list was provided by the Human Resources Department.)

Calendars available

The Deaconess has published a 1989 calendar featuring employees from many hospital departments. They are available at no charge while supplies last. Those who have not yet received a calendar should contact Public Relations (2-8046).

Annual meeting to be held this month

Corporators, trustees, and others will gather on Tuesday, January 17, for the annual meeting of NEDH Corp., the hospital's holding company. The program will begin with a business meeting in Joslin Auditorium, followed by a reception and dinner in the cafeteria. Judith Miller, R.N., senior vice president for Nursing, will discuss "Nursing at the Deaconess" as keynote speaker. A videotape produced by the Nursing Department will be on view during the reception. The hospital's major accomplishments over the past year also will be highlighted.

We're cutting our LOSses

February has been declared Deaconess Length of Stay (LOS) Month, and to celebrate the important work of members of the Deaconess community to decrease LOS (length of stay), a reception will be held on Wednesday, February 1, from 2-3:30 p.m. in the cafeteria. All employees are invited to attend. Refreshments will be served, and a prize drawing will be held.

Reducing LOS is one of the best ways for the hospital to increase efficiency while saving money. Help keep the enthusiasm alive by uniting to celebrate the Deaconess's continuing efforts to cut our LOSses! For more information, call Public Relations (2-8046).

Look great, feel great, lose weight!

Make your New Year's resolution to lose weight come true! Beginning Wednesday, January 24, the weight control experts in the Department of Dietetics will conduct a new 10-week weight control program to help people manage their weight without feeling deprived and improve confidence in making healthy food choices. Classes will be held on Wednesdays from noon-12:45 p.m. The course fee is $100 and includes a computerized nutritional analysis. Participants who attend all 10 classes will receive a $25 rebate. For pre-registration and further information, contact Kristen Yonker, M.S., R.D. (2-8184 or beeper 2879). Enrollment is limited.

Congratulations to the 1988 Fall Employee Weight Control Group. A total of 119 pounds was lost!

The Deaconess offers its support

The Departments of Social Work and Pastoral Care are offering several support groups for patients with an HIV-positive, ARC, or AIDS diagnosis, as well as groups for their families, friends, and lovers.

All groups are free of charge. The following groups currently are offered: **support group for people touched by AIDS: patients, family, friends, and lovers; parent support group; women's support group; support group for male couples dealing with an HIV diagnosis; bereavement group** (for those who have lost a loved one to AIDS); and **support group for persons with AIDS, ARC, or HIV.** For more information, call Social Work (2-8401) or Pastoral Care (2-8101).

Remember to get immunized

The Employee Health Clinic reminds Deaconess employees to take preventive health measures this winter and get immunized against influenza. The clinic, located on Baker 3, administers vaccine on weekdays from 8 a.m.-noon. No appointment is needed. Immunization against the flu is important for protecting not only employees but also patients. For more information, call the Employee Health Clinic (2-8157).

Infection control tip: hand care for cold weather

Winter weather in New England is hard on the hands, especially for health care workers who wash their hands frequently. However, there is a solution to the problem of cold weather hand irritation. By following these simple procedures, frequent handwashers can reduce irritation caused by winter weather:

1. Wet hands with *warm* water. (Avoid using very cold or very hot water.)
2. Dispense correct amount of antimicrobial skin cleanser into cupped hands. Do not use more than required.
3. Wash for 15-30 seconds only. (Do not use excessive pressure to produce additional lather.)
4. Rinse thoroughly with *warm* water.
5. Thoroughly pat hands dry.
6. At the end of the work day, use a hand cream.

LMA food drive helps feed families

The Longwood Medical Area/Mission Hill and Fenway Food Project's fourth annual "Thanks for Giving" canned food drive was a huge success. More than 1,000 cans of food were collected. The LMA/Mission Hill and Fenway Food Project is a consortium of institutional and community representatives that works to support local food pantries and programs in an effort to eliminate hunger. The Deaconess is proud to have participated in this year's canned food drive.

Give blood during Blood Donor Month

January has been designated National Blood Donor Month to recognize the importance of regular blood donation. The Blood Donor Room will sponsor several special events including an all-day blood donor recruiter symposium on January 17, and a lobby display illustrating blood donation and use. The January donor birthday party will be celebrated on January 19. January-born donors will receive a special birthday gift and cake will be served for all.

The need for blood continues to increase. Remember, human blood cannot be artificially produced in a laboratory. Take a moment to share the gift of life. Donate blood. For more information, call the Blood Donor Room (2-9085).

Correction

The phone number for the LMA Insurance Agency that appeared in the December *Minipulse* was incorrect. The correct number is 735-8540.

January teleconferences

During the month of January, teleconferences will be offered on the following topics: **treatment for cocaine addiction; ethical dilemmas in nursing; computer technology for clinical nursing; the nurse's role in home transfusion therapy;** and **outpatient treatment for the substance abuser.** For dates, times, or further information, call Media Services (2-8125).

Elevator trivia answer

The first passenger elevator was put into service in the Haughwout Department Store in New York City in 1857. It was driven by steam power, climbed five stories in less than a minute, and was pronounced a success.

While Farr elevator renovations are underway, look for periodic trivia about elevators in upcoming issues of *Pulse*. Readers will be asked to identify a photograph or answer a question. Answers will be found on another page in *Pulse*. Remember. "Take the stairs, it's not too Farr."

Menelaos Aliapoulios, M.D., surgeon, was elected chairman of the program committee of the New England Surgical Society. At the society's annual meeting in Montreal, he moderated a panel on socioeconomic facts of life in Canada.

Ronald Bardawil, M.D., director of cytopathology, presented a series of lectures on cytopathology at Memorial Sloan-Kettering Hospital in New York.

Blake Cady, M.D., chief of surgical oncology, was elected recorder of the New England Surgical Society.

James Chrzan, D.P.M., podiatrist, spoke on the biomechanics of partial foot amputations and reconstructive foot surgery in diabetics at the Long Island Jewish Hospital.

Patricia Conway, R.N., transplant clinician, **Carole Davis, R.N.,** transplant nurse, and **Theresa Foley, R.N.,** transplant nurse, presented the results of their research on symptom frequency, distress, and quality of life in liver transplant recipients at the International Congress of the Transplant Society in Australia. In addition, Conway spoke on patient education at a conference entitled "Renal Transplantation: A Nursing Perspective," sponsored by UMass Worcester.

John Deckro, R.N., M.S., clinical specialist in behavioral medicine, presented a seminar on stress at International Paper/Corporate Research Center in Tuxedo, New York.

Jeffrey Dover, M.D., chief of dermatology, co-authored two publications in *Archives of Dermatology:* "Low Fluence CO2 Laser Irradiation of Lentigines," co-authored by **Kenneth Arndt, M.D.,** dermatology, and "Vancomycin Induced Linear IgA Bullous Dermatosis."

David F. Driscoll, R.Ph., M.S., clinical pharmacist, **Roger L. Jenkins, M.D.,** director of liver transplantation, **Bruce R. Bistrian, M.D., Ph.D.,** co-director of Nutritional Support Services, and **C.W. Pinson, M.D.,** transplant fellow, presented a paper entitled "Potential Protective Effects of Furosemide Against Early Cyclosporine-Induced Renal Injury in Hepatic Transplant Patients" at the third International Symposium on Perioperative Care in Liver Transplantation in Pittsburgh.

Gary Gibbons, M.D., clinical director of vascular surgery, and **Geoffrey Habershaw, D.P.M.,** chief of podiatry, organized a course on diabetic foot management. Habershaw also lectured on management of neuropathic ulcerations and osteomyelitis.

John Hare, M.D., endocrinologist, **Donald Simonson, M.D.,** endocrinologist, and **Gordon Weir, M.D.,** chief of endocrinology, spoke at a course on recent advances in diabetes in Caracas, Venezuela.

Olivia Hoblitzelle, M.A., associate director of the Mind/Body Program, presented an illustrated talk, entitled "Towards Self-Healing," to the cardiac rehabilitation group at Emerson Hospital.

Roger L. Jenkins, M.D., director of liver transplantation, presented a paper on the Deaconess liver transplantation program to the New England Surgical Society. Also at the meeting, **William V. McDermott, M.D.,** retired chairman of Surgery, spoke on primary liver cancer; **Arnold Miller, M.D.,** director of vascular surgery research, presented a paper on angioscopy; and **Thanjavur Ravikumar, M.D.,** surgical oncologist, spoke on splenectomy.

Robert Kane, M.D., radiologist, spoke on ultrasound evaluation of prostate cancer, at Radiology Grand Rounds at UMass Medical Center.

Karl J. Karlson, M.D., cardiothoracic surgeon, has been named a Fellow of the American College of Chest Physicians.

Arnold Miller, M.D., director of vascular surgery research, presented a videotape on angioscopy at the annual congress of the American College of Surgeons.

Carl O'Donnell, Sc.D., M.P.H., director of the pulmonary function laboratory, co-authored a paper on "Altered Airway Function in Individuals with the Acquired Immunodeficiency Syndrome," which appeared in the November issue of *Chest.* The co-authors were **Richard Rose, M.D.,** director of pulmonary medicine, **Joseph Zibrak, M.D.,** director of respiratory therapy, **Michael Bader, M.D.,** pulmonary fellow, and **William Jensen, M.D.** O'Donnell co-authored and presented to the American Public Health Association "Validation of a Psychophysical Technique for Use in a Smoking Cessation Program."

Ellison C. Pierce Jr., M.D., chairman of Anaesthesia, was selected by the Royal Society of Medicine Foundation to be a Burroughs-Wellcome Visiting Professor in Great Britain. During the professorship he spoke in several British cities; at the Royal College of Surgeons; and to the Royal Society of Medicine in London. In addition, Pierce recently joined the editorial advisory board of ECRI's *Hospital Risk Control.*

Arturo R. Rolla, M.D., endocrinologist, spoke on stress hyperglycemia at the fall meeting of the Philadelphia affiliate of the American Diabetes Association. He also lectured on eating disorders at the Indiana University School of Medicine Northwest Center's program, "Medicine and the Female Patient."

Robert C. Savage, M.D., plastic surgeon, was appointed to the education committee of the American Association for Hand Surgery. He also co-authored two papers in the Journal of Hand Surgery concerning the first elective "cross-hand" transfer and a new method of metacarpal fracture fixation.

Paul Sesin, Pharm.D., clinical coordinator of pharmacy services, spoke on pharmacological considerations in the elderly patient at the annual seminar of the Maine Pharmaceutical Association in Rockland, Maine. He also spoke on antimicrobial therapy in 1988 at the Rhode Island Society of Hospital Pharmacists in Warwick.

Miles F. Shore, M.D., chief of psychiatry, was named to the capital campaign steering committee of the Center House, Inc., which provides assistance to emotionally and mentally disabled adults in Greater Boston.

Ann Melfi Snow, R.N. OCN, clinical leader, Radiation Therapy, spoke on head and neck irradiation at a symposium on principles and practices of radiation therapy at the Dana-Farber Cancer Institute.

Peter Thomas, Ph.D., Surgery, presented two papers in the section on mechanisms of hepatic injury at the Fourth International Kupffer Cell Symposium.

Francis S. Wolfort, M.D., chief of plastic surgery, spoke on Leonardo DaVinci and aging, and on Michaelangelo and the anatomy of the hand, at the University of Bologna Medical School in Italy.

Student nurses Debra Foster (left) and Janet Myers pack some of the more than 30 bags of clothing for the homeless collected by the School and Nursing. The clothes and food donations were given to the Pine Street Inn.

Bistrian, Nanji appointed sections chiefs

Two chiefs of clinical sections were appointed recently. Bruce Bistrian, M.D., Ph.D., was named chief of a newly created section of nutrition within the Department of Medicine, and Amin Nanji, M.D., was named chief of clinical chemistry in the Department of Pathology.

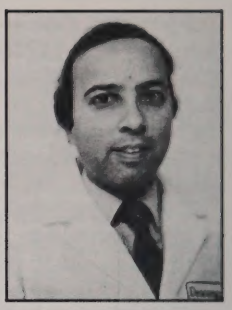
Bistrian, who has been a member of the Deaconess staff since 1975, says, "The creation of this section reflects the growing awareness of the value of nutrition in the clinical care of medical patients. The Deaconess long has been noted as a national and international center of nutritional excellence, especially for surgical patients. This new section complements the surgical activities and recognizes the clinical, research, and teaching activities in nutrition that have developed within the Department of Medicine."

An associate professor of medicine at Harvard Medical School, Bistrian is a graduate of Cornell University Medical School. He received a master's in public health from Johns Hopkins University and a doctorate in nutritional biochemistry and metabolism from Massachusetts Institute of Technology.

Nanji's responsibilities include overseeing all clinical testing in the chemistry and psychiatric chemistry laboratories. Previously he was director of clinical biochemistry at Ottawa General Hospital in Canada. His research interests include bedside patient testing, the effect of alcohol on nutrition, and drug abuse testing.

"The Deaconess is a very prestigious hospital," he says, "and the affiliation with Harvard made coming here very attractive to me. I look forward to the opportunities for collaboration and joint research with other staff members."

Bruce Bistrian, M.D.



Amin Nanji, M.D.

A graduate of the University of Nairobi, Kenya, Nanji is a fellow of the Royal College of Physicians and Surgeons of Canada. He was an associate professor of pathology, medicine, and biochemistry at the University of Ottawa.

New appointments

Maryanne Bardsley, R.N., has joined the staff of Deaconess Home Health Care as a nurse clinician. A graduate of Lawrence Memorial Hospital School of Nursing and Regis College, she comes to DHHCC after several years in critical care at Waltham/Weston Hospital.

Kasandra Bayliss was promoted to clinic coordinator for Deaconess Surgical Associates. Formerly, she was the clinic's office coordinator.

Jeannette Blackler, in addition to her role as operations manager for Deaconess Surgical Associates, has assumed management responsibilities for administrative operations within podiatry.

Sandy Buckley has been promoted to manager, Department of Surgery. Formerly, she was clinic coordinator for Deaconess Surgical Associates. She will maintain oversight of clinic operations as well as assume responsibility for the department's administrative operations.

Sarah Hall, R.N., Debbie Kovar, R.N., and **Janet Landry, R.N.,** have joined the Department of Anaesthesia as CRNAs (certified registered nurse anaesthetists).

Madeline Hartley has assumed the administrative activities associated with the Deaconess-Harvard Surgical Service. Her primary responsibilities include maintenance of the academic and professional credentialling processes between the medical school and the Deaconess.

Janice Bell Meisenhelder, M.S., D.N.Sc., has been appointed director of the Center for Nursing Research at the Deaconess. She earned her B.S. degree at Wagner College in New York, and her M.S. degree and doctorate of Nursing Science from Boston University. She has held faculty positions at both Boston University and Northeastern University, including a joint appointment with Northeastern and the Deaconess as a clinical nurse researcher.

Deaconess Hospital

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